## 7.2 Best Practices

## A) Thalassaemia Screening Programme & Awareness Seminar

**Activity**: A Thalassaemia screening programme and awareness seminar was conducted by the NSS unit of the college on November 16, 2018, in collaboration with the School of Tropical Medicine, Kolkata. More than 150 students and staff members of the college had participated in the screening programme. In this programme, the carriers were marked. The students, who were found as Thalassaemia carriers, had undergone genetic counselling along with their parents, and they were advised about their future family planning.

**Purposes**: As in the previous years, the purposes behind the activity were to make our students and staff members aware of the status and management of Thalassaemia through screening and counselling so that they can take necessary medical care in their future lives as also lend support to others.

**Outcome**: The initiative was successful because of the active participation of a good number of students and their parents as well as some members of the staff. The medical experts/counselors also contributed to the success of the activity.

## B) Environmental Awareness & Cleanliness Campaign

Activities: The college campus was declared as a 'Plastic Free Zone" w.e.f. the World Environment Day. The students of NSS unit were directly involved in cleaning the campus and to encourage the students, teachers & staff members in order to keep the campus environmentally friendly by avoiding plastic use as far as practicable. In addition the college continued the Green Audit of the campus and distribution of plantlets in the nearby industrial area by the students of NSS and NCC units.

**Purposes:** Purposes behind the campaign were to promote environmental awareness among the students, teachers and staff members of the college and to motivate cleanliness in the campus.

**Outcome:** The campaign was successful as a large number of students, teachers and staff members participated in the activities. A good number of local people were also involved through plantlet distribution and poster exhibition.